

Elkins Soccer Rules (U4)

- Game Duration: 4 quarters of 6 minutes each. 1 minute in between each quarter and 5 minutes for halftime.
 - Players should show up at the time on the schedule.
 - You will practice with your own team for 30 minutes and then play against the team on the other side of the field.
 - Example: Red vs Columbia at 9am. Players show up at 9am. One side of the field is Columbia players and the other is Red. This is your warmup/practice time. At 9:30am- Red will play against Columbia for their game that week.
- Gameplay:
 - 3 v 3 on the field at one time. If a team cannot field 3 players, they may “borrow” a player from the other team
 - Subs can come in anytime a ball goes out of bounds, a goal is scored, or a new quarter begins.
- Rules:
 - NO goalie.
 - No corner kicks or goal kicks.
 - This age group will try throw ins: Goal is to keep both feet on the ground when they release the ball and that the ball needs to go all the way behind their head.
 - Parents are allowed on the field to help and will need to be. This age group doesn't have a dedicated coach because it will take a few parents to help each weekend.
 - Similar to T-Ball, volunteers/parents who are on the field will say whose ball it is when it goes out of bounds.
 - After each goal is scored, the ball needs to be placed in the middle of the half line (middle of the field) to start the next possession.
 - This age won't keep score.