## Sport Parent Code of Conduct

## Commerce City Parks and Recreation

We, Commerce City Parks and Recreation Department, have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league. Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and seven core principles:

- Everyone Plays
- Safety First
- Fair Play
- Positive Competition
- Family Involvement
- Sport for All
- Sport for Fun

The highest potential of sports is achieved when competition reflects these seven pillars of youth sports.

## I therefore agree:

- 1. I will not force my child to participate in sports.
- 2. I will remember that children participate to have fun and that the game is for youth, not adults.
- 3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- 4. I will learn the rules of the game and the policies of the league.
- 5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
- 6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
- 7. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
- 8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- 9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
- 10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- 11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
- 12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
- 13. I will emphasize skill development and practices and how they benefit my child over winning. I will also demphasize games and competition in the lower age groups.
- 14. I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire I may have for my child to win
- 15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
- 16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
- 17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

Parent/Guardian Signature	
Participant's Name, Grade Level, and School	

## **Medical Form**

Parents,	
Please fill out the information below. This info will help inform your coa any health concerns, is on any medication, or who to call if any medical a	,
Participant's Name	
Parent Name	
Parent Phone #	
Emergency Contact Name	
Emergency Contact Phone #	
Health Concerns (Examples: Asthma, Diabetes, Seizures, etc.)	
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Medication(s): Is your son/daughter on medication? Yes	No
If yes, what for?	
Family Doctor Phone #	

Parents thank you for taking the time to complete this form. Please return it to your coach as soon as possible. If you have any questions or concerns, please call Nic Jones at 303.289.3705.