

Commerce City  
Department of Parks and Recreation



Spring Sports  
Parent Information

Eagle Pointe Recreation Center  
6060 E. Parkway Dr.  
Commerce City, CO 80022  
Ph. 303.289.3789 Fax 303.289.3783



Dear Parents,

Thank you for registering your child for the Spring 2018 Season. We are excited and appreciative that you chose the Commerce City Parks & Recreation Department to serve your recreation needs. Here at the Commerce City Parks & Recreation Department we believe team sports are a critical component of our youth's development.

It is our goal to provide a well-organized, positive, and most importantly, a fun experience for each participant in our athletic programs. Our volunteer coaches seek to emphasize teamwork and sportsmanship while inspiring an active lifestyle. In our programs there are never any tryouts or cuts, every child plays an equal amount time, and we are all about having fun.

Teams are formed by a child's age or grade and the school in which they attend or the school boundary they fall within. It is our objective to build community teams with practices being held during weekday evenings at local parks or schools. Games will be played at the Eagle Pointe Recreation Center (6060 Parkway Drive Commerce City, CO 80022).

Attached with this letter you will find additional information, the parent's code of conduct, and the participant medical release form. It is very important to read and understand your responsibilities as a parent in our program. Please sign and return to the front desk or the registration assistant (Denise Kaza) before registering for the program and help us have a great season this Spring! If at any time you have any questions, concerns, or comments, please do not hesitate to give me a call at 303-289-3705.

**Please visit [teamsideline.com/commercecity](http://teamsideline.com/commercecity) for additional league information including:**

- **Game schedules**
- **Picture schedules**
- **Division rules**
- **Special Events**
- **Field/Gym locations**
- **Parent packets and additional information**

**Commerce City Parks & Recreation Department**  
**Goals and Purpose for Youth Sports**

- To give every child the opportunity to participate in Youth Sports, regardless of ability.
- To teach the participants the skills and fundamentals of the sport in which they are participating.
- To encourage the participants' development of sportsmanship, team play, and leadership.
- To teach the participants that competition and winning are not the primary objectives; therefore a strong commitment should be made towards improvement of skills and just having fun!!
- To encourage coaches to teach children that success does not require winning a game and that losing does not mean one is a failure.
- To have coaches teach kids to strive for excellence, to do the best they can.
- To train coaches through the National Youth Sports Coaches Association Certification Clinics.
- To have mandatory playing rule to guarantee participation opportunities for every child.
- To stress to the participants the importance of being drug free and the relationship of sports participation.

**Policies for Youth Sports**

During any Youth Sports event Commerce City Parks & Recreation Department prohibits behavior which is inappropriate, such as: profanity, abusive language or behavior, smoking and the consumption of alcohol, removal of any Commerce City Recreation Department property, or criminal conduct.

## General Information

- **Team Composition**

Players are placed on team according to the following

1. Age
2. School child attends

- **Practices**

Practices will be at TBD (check Teamsideline.com/commercecity for this information)

Practice begins the week of TBD

It is required that your child is picked up promptly after practice. Children cannot be left unattended after practice, so please make sure that your child has a ride home after practice.

If your child cannot attend a practice please contact the coach. Practices are an important part of our program, since that is where much of the instruction is done. The program supervisor will address chronic absenteeism from practice.

- **Games**

Games will be played on Saturdays at various metro Denver locations (exact schedule available on teamsideline.com/commercecity)

- **Athletic Weather Hotline**

Commerce City Parks & Recreation has an *Athletic Weather Hotline* phone number that may be called in case of questionable weather conditions at our facility. This number is **303.289.3757** and should be called **after 8 a.m.** the day of the game (please call weather hotline for the location of games).

- **Equipment**

A game jersey will be provided.

- Participants will need:

- **Special Note**

All coaches will go through a coaches training that is run by the Recreation Coordinator of Youth Sports. The following areas are covered:

- Philosophy of Children's Sports
- Skills and Drills to Teach the Skills of the Sport
- Injury Prevention
- Practice Organization
- Game Rules
- Legal Liability
- Psychological, Physical and Social Needs of Children

All first year coaches will go through the National Youth Sports Coaches Association Certification Clinic for that specific sport.

All coaches go through a screening process that includes a national criminal justice background check. All parents/guardians of each participant will be provided the parent handbook (this document) which includes the "Sport Parent Code of Conduct" and the "Medical Form" (See the final pages of this document). It is required that all parents read and fill out these forms and return to the front desk or Denise Kaza as soon as possible.

- **Coaches**

Part of our Youth Sports programs success is based on our coaches. We are always looking for coaches to help assist in our programs. If you are interested in coaching please contact Nic Jones at 303.289.3705 for further information.

**Coach:**

PLEASE VISIT [WWW.TEAMSIDELINE.COM/COMMERCECITY](http://WWW.TEAMSIDELINE.COM/COMMERCECITY)  
FOR SCHEDULES, COACH, AND LEAGUE INFORMATION



# Sport Parent Code of Conduct

## Commerce City Parks and Recreation

We, Commerce City Parks and Recreation Department, have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league. Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and seven core principles:

- Everyone Plays
- Safety First
- Fair Play
- Positive Competition
- Family Involvement
- Sport for All
- Sport for Fun

The highest potential of sports is achieved when competition reflects these seven pillars of youth sports.

***I therefore agree:***

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also demphasize games and competition in the lower age groups.
14. I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

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Parent/Guardian Signature

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Participant's Name, Grade Level, and School

## Medical Form

Parents,

Please fill out the information below. This info will help inform your coach if your son/daughter might have any health concerns, is on any medication, or who to call if any medical attention is needed.

Participant's Name \_\_\_\_\_

Parent Name \_\_\_\_\_

Parent Phone # \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact Phone # \_\_\_\_\_

Health Concerns (Examples: Asthma, Diabetes, Seizures, etc.)

\_\_\_\_\_  
\_\_\_\_\_

Medication(s): Is your son/daughter on medication? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what for? \_\_\_\_\_

\_\_\_\_\_

Family Doctor \_\_\_\_\_ Phone # \_\_\_\_\_

Parents thank you for taking the time to complete this form. Please return it to your coach as soon as possible. If you have any questions or concerns, please call Nic Jones at 303.289.3705.