



**COACHES MEETING**

# MEET THE TEAM

A photograph of a group of children, likely a youth sports team, gathered in a huddle on a grassy field. One child in the foreground, wearing a blue shirt, is holding a large wooden stick or baton. The children are wearing various colored shirts (red, yellow, orange) and shorts. The background shows a grassy field and some trees.

Pee Wee Coordinator:

**Zachary Tamayo**

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Pee Wee Senior:

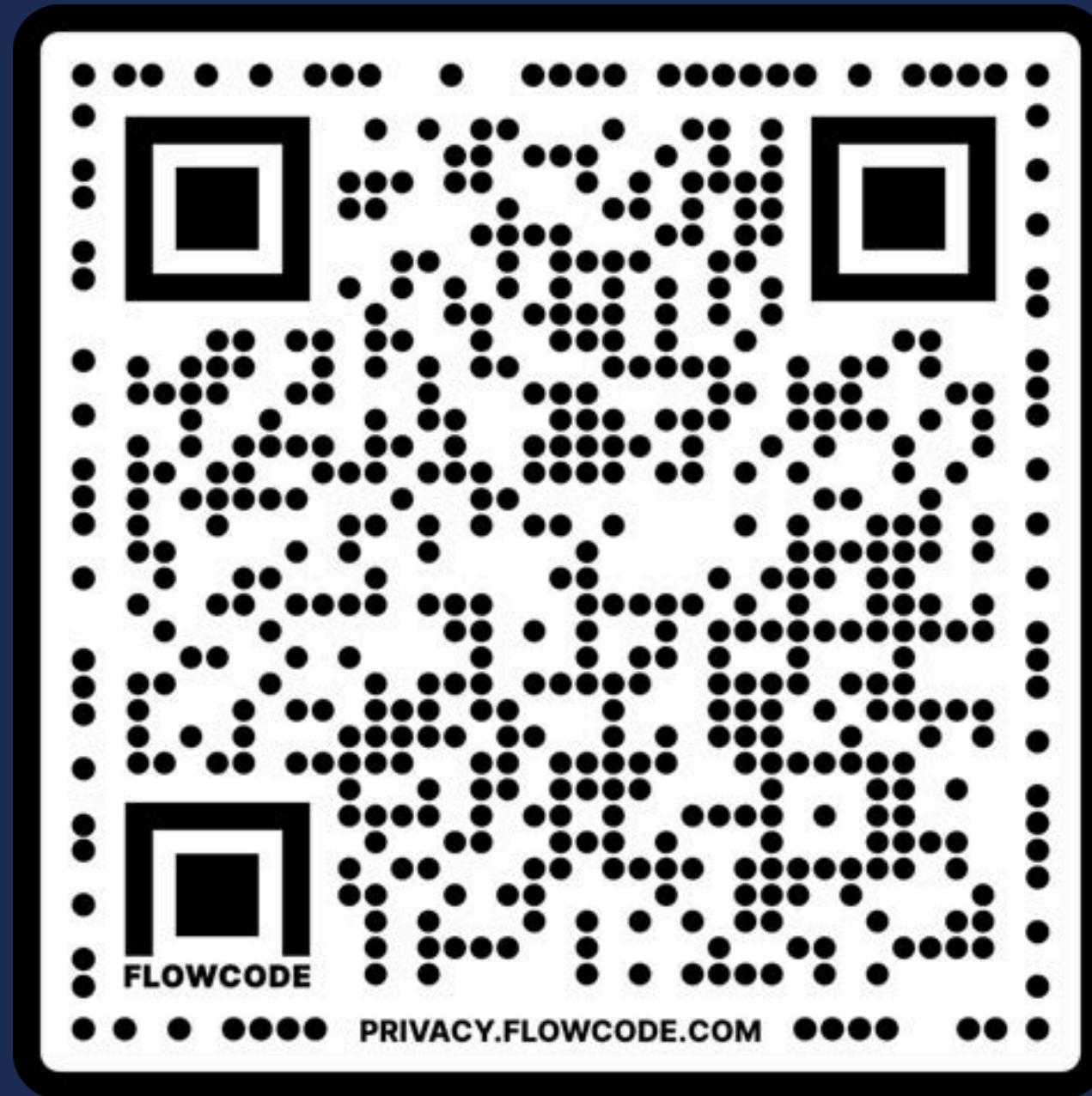
**Jessica Hernandez**

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Sports Hotline:

(909) 428-8864

# ENGAGE ONLINE >>>>



SCAN HERE



Fontana  
Sports

# COACHING 101 >>>>

## ... GOOD VS BAD COACHING

### Positive Coaching Alliance

- Core Concepts
- Emotional Tank
- Honoring the Game



# COACHES CODE OF CONDUCT

- I will place the emotional and physical well being of my players ahead of any personal desire to win.
- I will do my best to provide a safe play situation
- I will treat each player as an individual, remembering the large spread of emotional and physical development among children within the same age group..
- I will do my best to organize practices that are fun and challenging.
- I will lead by example in demonstrating fair play and sportsmanship.

**SIGN IT HERE**



# DEVELOPMENT ZONE

Coaching isn't simply training skills and running drills. Coaching is an intentional act of connection and care that supports skill-building, resilience, social-emotional growth, and joy.

## COACHING IS HELPING KIDS BELONG

Every Kid Belongs

- Confidence
- Contribution
- Celebration
- Choice
- Clarity
- Connections



# WEEK 1 BREAKDOWN

- **Team Admin:** A volunteer admin is key for the season's success. Responsibilities include scheduling the Team Pizza Party (Mon-Thurs), creating a team group chat, managing the snack list (with allergies in mind), and coordinating with City Staff for team needs (missing shirts, medals, picture day, etc.).
- **Pizza Certificates:** The admin schedules the team pizza party, but all parents must know the date/time. A Pizza Certificate is required at Shakey's to receive free pizzas, **NOT** to make reservation.
- **No Coach?** If your team does not have a coach, if available, staff will assist, but parent support is crucial for the team's success. Parents will receive a Practice Plan and be expected to take turns leading each practice. More parent "coaches" create a better experience for drills.



# WEEK 1 BREAKDOWN



- **Snack List:** Parents fill out the snack list and coordinate allergies, dislikes, etc. Parents can team up to share snack duties if there are leftover slots to be filled.



- **Picture Day:** Scheduled for the first Saturday. A Picture Day schedule will be provided. Make-up pictures are available the second week of practice for an additional \$10 fee.



- **Canceled Practices/Games:** If a **practice** is canceled, it won't be rescheduled. If a **game** is canceled, it will be rescheduled, if it can't be; a credit will be issued. You'll be notified via email blast by 2pm if any cancellations are made.



- **If you have not received any emails from [ActiveNet@active.com](mailto:ActiveNet@active.com) UPDATE YOUR EMAIL ON YOUR CHILD'S ACTIVENET to receive all information sent throughout the season**



# COACHING REQUIREMENTS



## APPLICATION

Please fill out and submit one of our applications, every season is required



## BACKGROUND CHECK

Options are:

- City of Fontana Human Resources
  - Appointment required
- Postal Perfect



## CODE OF CONDUCT

Pledge their positive support, care and encouragement for all children participating.

# COACHES GUIDE

Resource Manual for understanding the structure, rules in Pee Wee Sports.

## PRACTICE PLANS

Contains: basic drills and skills to facilitate practice

**Found on TeamSideline >> Downloads**

### Tips for a successful team:

- Designate a Team Admin (snack list, pizza party, group chat)
- Assign team representatives to officiate/manage games



# KEY RULES

- **GENERAL RULES FOR PEE WEE DIVISIONS**

The Pee Wee Division will use a 27.5 for the Junior Mites and 28.5 for Mighty Mites

- **All participants are required to wear athletic shoes during practice, scrimmages and games.**

- **Rule 1. Minimum Play Rule** In all competition, a minimum play rule will be enforced.

- Each player must play a minimum of three (3) consecutive minutes in each half. An official's timeout shall be called at the nearest midway point of the quarter or on the next dead ball, for the sole purpose of substitutions to meet the minimum play rule.

- **Rule 2. Game Time**

- Substitutions will be made every 4 - 5 minutes.

- **Rule 3. Timeouts**

- Two timeouts (2) per game.

- **Rule 4. Rim Height**

- Junior mites - 6ft Court

- Mighty Mites 8ft court

- **Rule 5. No Dunking or Grabbing of the Net.**

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- **Rule 6. No Score. Score** shall not be kept or recorded by anyone.

- **Rule 7. Officiating.**

- **Each court will have an assigned court monitor each game.**

- **Rule 8. No Full Court Press.**

- **The defense must allow the offensive team to successfully cross the mid court line.**

- **Rule 9. Jump Ball.**

- **A jump ball will officially start the game.**

- **Rule 10. Coaches on the Court.** Junior Mites division will only be allowed one coach on the court.

- **No coaches Allowed on court for Mighty Mites division.**

- **Rule 11. Dribbling Is highly encouraged**





# PARENT GUIDE

Contains:

Program Information

Rules & Regulations

Picture Day Schedule

Site Maps

Policies & Philosophies

Found on our website:

**teamsideline.com/fontana**

under **Downloads**



# TEAM ROSTERS



Will Be Posted January 7th

Found on our website:  
**[teamsideline.com/fontana](http://teamsideline.com/fontana)**  
under **Downloads**



# TEAM PACKETS

Distributed to Coaches 1st day of Practice

Parents responsible for being informed of picture day and any  
contents inside the packets

# KEY DATES

## Coaches Clinic

- Saturday's before season (12/13/25)

## Picture Day:

- Jan 17th -8am at Jack Bulik Center

## Season Start:

- M/W Teams: Jan 12th
- T/Th Teams: Jan 13th
- Times:
  - Mini Mites: 5pm-5:30pm
  - Junior Mites: 5:35-6:35pm
  - Mighty Mites: 6:45-7:45pm

## Spring Soccer Registration

- Resident: Jan **19th**
- Non-Resident: Feb **16th**
- Starts April 6th



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## FIRST WEEK CHECKLIST:

team: \_\_\_\_\_

DIVISION: MINI JUNIOR MIGHTY

### ASSIGN a team ADMIN

name:  
phone:  
email:



### SCHEDULE PIZZA PARTY:

Date:  
Location:



### **FILL OUT SNACK LIST**



### **CREATE a GROUP CHAT**



### **PICTURE DAY REMINDER & FORMS**



Uniforms are required  
during games (Last 3  
weeks of programming)



NO COACH? can a PARENT STEP UP:  
Name:  
Email:  
Phone:

# THANK YOU

**Contact Us:**

**Phone: 909-428-8864**

**Email: [sports@fontanaca.gov](mailto:sports@fontanaca.gov)**

