

RecPlex Sand Volleyball League Rules and Information

1. USAVB rules will apply, along with the following regulations.
2. **Each match consists of 3 games.** Standings will be kept by games, not matches (Ex. A team wins 2 of 3 games, their record is 2-1, not 1-0)
Each game is played to 25 points, win by 2, with a 30 point cap using rally scoring. During the league play-offs matches will be best 2 of 3 with the 3rd game if needed played to 15 win by 2.
3. **6 on 6 Co-ed** – 3 women and 3 men per team. If playing with less than 6, you may play with one more male than female players. If starting with less than 6, players may be added in as they arrive without penalty. A team cannot start with less than 3 players.
4. **Teams can substitute as many times as they want.** Substitutions are to be made in the center-back position or after they serve.
5. Back-row blockers will be allowed when 2 female players are in the front. Or when playing with 4 players, both men may block.
6. A serve may not be blocked or attacked above the net
7. A serve that contacts the net and goes over (let serve) will be in play and not considered a fault.
8. In 6 on 6 leagues, teams must follow the proper rotation order even if they are playing with less than 6 players
9. **Time-outs** – Teams are allowed one time-out per game, 30 seconds in duration.
10. **Protests** – Protests are only allowed for the use of ineligible players and must be made before the end of the first game of the match. The name of the protested player must be given to the official or league supervisor and the match resumes. A decision will be rendered the league supervisor within 24 hours of all protested matches. During league tournament play, protests will be decided immediately.
11. **Player Eligibility:** Men and women must be at least 16 years of age and must be on a team roster in order to play in a RecPlex volleyball league. Players 17 and under must have their parent sign the roster form. **No player will be allowed to play on two teams in the same league.**
12. **Player Conduct:** RecPlex volleyball leagues are recreational leagues and players should conduct themselves accordingly. **Teams are expected to call their own faults and illegal hits Please no arguing**
13. **Forfeits** – Game time is forfeit time, teams forfeiting 3 matches in one season will be dropped from the league with no refund. There will be no gate refund for forfeited matches.
14. **Cancellations** – For information on cancellations due to inclement weather, call the RecPlex at 319-758-9419, dial 3 for rain-out information. **If necessary make-up games may be played on days other than your league day.**
15. **Awards** – Team trophies and gift certificates for each division of play will be awarded to the top finishers in the league play-offs.