



## CITY OF BELOIT, RECREATION Adult Basketball League Rules and Regulations 2018

### **Rules and Regulations**

All games will be governed by the National Federation Basketball Rules and these local rules. The following are not inclusive.

### **Team/Player Eligibility**

Each team must have turned in a roster and be registered by the first game of the season.

Players may only play on one team in each league.

Players must play in a minimum of 3 regular season games to be eligible for tournament play.

### **Equipment**

The City of Beloit, Recreation Office will furnish the game ball. Game balls cannot be used before, during half time, or after the game. Teams are encouraged to bring a ball.

All players must wear gym shoes that do not mark the floor. If any clothing/equipment is considered dangerous or threatening, an official or court supervisor may declare it illegal.

Teams must wear same color shirts with numbers shown. Pennies are provided if needed.

No excessive jewelry will be allowed. Officials will govern safety.

### **Pre-Game**

All games must start and finish with at least four players. A fifth player may begin play at any dead ball after being beckoned by an official.

Only the teams scheduled to play are allowed to occupy the court at the scheduled game time.

Teams must be at their court at their scheduled time, even if games are “running behind”.

### **Play**

Games will consist of 2-twenty minute halves. The clock will be continuous at all times except for the following circumstances: a time out, an injury time out, or within the last two minutes of the second half if a team is not ahead by 15 points or more. If a team is up by 15 points or more, there will be continuous clock inside of the two minute mark.

Half time will be five minutes.

### **Sportsmanship and Fouls**

Sportsmanship cannot be over emphasized. Court supervisors and officials have the right to eject any players for violations of conduct. **A warning is not necessary.**

Dunking or hanging from the rim will result in a technical foul. A second technical foul for dunking or hanging from the rim will result in expulsion from the league for the remainder of the season.

Profanity or gesturing may be technical or flagrant fouls. Any player receiving two technical fouls will be automatically ejected from the game. If a player is ejected, he/she must leave the gym quickly. A player ejected from a game must speak with the League Director before they may participate again. Any player ejected twice will not be allowed to play the remainder of the season.

Fighting, intentionally fouling a player with cruel intent, and sportsmanship infractions could all warrant a flagrant foul. If a team receives two flagrant fouls in one game, the result will be forfeit. A \$25 forfeit fee must be paid before the team's next game.

### **Forfeits**

A team shall consist of a minimum of four players to start and finish a game. At no point can a team play with less than four players. In co-ed, there must be at least two women and at least two men.

There is no grace period, game time is start time. If a team is unable to start at game time, the clock will begin to run. If a team is unable to start at 20 minutes past game time, a forfeit will be awarded to the opponent.

There is a **\$25 forfeit fee**. The forfeit fee must be paid before playing another game. If the forfeit is the last game of the regular season, forfeit fee must be paid before the team may be eligible for tournament play. If the forfeit is at the end of the tournament, the forfeit fee must be paid before the team may be eligible for play in the next season. Games will be forfeited until the fee has been paid. Forfeit fees may be paid at the court before play or at the Recreation Office. Please bring receipt to game.

### **Time Outs**

Each team is allowed three time outs per game. If the game goes into overtime, teams will receive one time out per 5 minute overtime period. Time outs will not carry over into overtime.

### **Complaints**

A player receiving more than two written complaints regarding sportsmanship or conduct, signed by officials, scorekeepers, or court supervisors, in two separate games, may be suspended.

Any complaint concerning an official or player must be turned in to the Recreation Office within 48 hours of the incident and must be signed by the team manager.

### **Blood Borne Pathogen**

Any player who is bleeding or has blood on their skin or any clothing must immediately leave the game for appropriate treatment. The player may not return until the bleeding has been stopped, the injury covered with medical dressing and the player is rid of any bloodstains. Re-entry to the game will be at the discretion of the officials and/or court supervisor.

### **Coed Rules**

Coed teams must have at least two men and at least two women on the court at all times. Other combinations could consist of two or three men or women, totaling five players.

Any score made by a woman in coed games are worth the following:

Free throw: 2 points    Field goal: 3 points    3-point shot:    4 points