

INTRODUCTION

Welcome to the City of Eugene Athletics program soccer league.

Our purpose is to offer you an opportunity to participate and have fun in a quality soccer program, at whatever level you may desire.

We realize that individuals and teams are interested in various levels of competition and we hope that our program offers an outlet in which these can be fulfilled in a positive manner. We ask your assistance in helping to keep the program in the proper perspective for the benefit of the players, officials, and spectators.

We strive to conduct a program that is well organized, one that offers quality playing facilities and officials, and one that is fair to all individuals and teams that are involved.

Your suggestions and recommendations are always welcome so that we may continually work to improve your program.

Best of luck to your team. Have an enjoyable season!

ATHLETICS STAFF

Athletics Program Supervisor. .. Laurel Mathiesen

Athletics Programmer. Jayson Beaty

Commissioner of Officials.....

Lights Call Jayson Beaty.... 541-682-5409 No

Officials Call Ben Warren..... 541-790-1195

**Men's, Women's, and Coed Soccer Leagues
Rules & Regulations
2024-2025**

All soccer leagues will abide by the 2023 FIFA rules and/or the following regulations:

I. OBJECTIVES OF THE PROGRAM

- A. To provide an opportunity for interested individuals to play soccer in an organized manner.
- B. To provide wholesome recreational play and not merely declare a league champion.
- C. To adequately meet the scheduling needs of a wide range of player ability levels.

II. MANAGEMENT AND AUTHORITY

- A. The general management of the soccer program and all teams involved in each league shall be the responsibility of the Athletics program, and final authority on any matter pertaining to the program resides with the Athletics staff. Any concerns regarding the program should be directed to this area.
- B. If more teams are needed to fill any league, the Soccer Advisory Committee and the Athletics staff have full authority to take whatever measures deemed necessary to create a balance among all the leagues to involve as many teams as possible in the program.
- C. Upon entering a league, each team and all players agree to abide by the rules and regulations stated in this rulebook.

III. FEES AND REFUNDS

- A. No team fees will be refunded after registration has taken place, unless a replacement team is found.
- B. Money (fees) will not be refunded to any player or team expelled from the league.

IV. PLAYER ELIGIBILITY

- A. **Age Requirement:** Players must be 18 years old. Exception: **Players may be 17 years old for the Spring/Summer Coed & Women's league if they are turning 18 years of age by December 31 of the calendar year in which the league plays.** Current varsity high school players are not eligible to participate during their soccer season. For 35+ leagues, all players must be 35 years or older by December 31 of the calendar year in which the league plays.

- B. **Rosters:** Team rosters must be fully completed and returned to the Athletics office at the time of registration.
- C. All players must be on the team roster to be eligible. Players in violation of this rule may be suspended for one game and up to one calendar year. Any game in which a non-rostered player plays may be forfeited, and the team may be put on probation for one calendar year.
- D. Male players can be registered with one men's 11-a-side City League team and a men's 35+ team, a men's 48+ team, a Coed Rec Officiated team and/or a Coed Rec Self-Officiated team. Female players may be registered with one women's 11-a-side or 8-a-side City League team, a Coed Rec Officiated team and/or a Coed Rec Self-Officiated team. Coed players may play on one team in the officiated league and also participate in the Coed Rec Self-Officiated league. Players in violation of this rule may be suspended for one calendar year.
- E. **Player Identification:** All rostered players must show picture ID to a referee before each game. Valid picture ID includes: Driver's license, Oregon ID card, school ID, passport, etc.
 - **NO ID – NO PLAY – NO EXCEPTIONS!**
 Players arriving after the game has started will not be allowed to enter the game until ID is provided to the referee. It is the manager's responsibility to ensure that all player IDs have been presented to the referee.
- F. **Add/Drop:** Player Adds must be done by the manager online and confirmed by the player added online.
- *G. **Day-of-game Player Add** will be allowed. The player adds and player confirmation on Team Sideline must be submitted by 4:00 pm the day of the game to be an eligible player
- H. **Changing Teams:** If a player chooses to change teams, he/she may do so, however, he/she may not play for two different teams during the same week.
- I. **Insurance:** All players are responsible for their own personal insurance. Players also understand that there are inherent risks in soccer and assume those risks.

V. SANCTIONS

- A. **Yellow Cards:** Any player accumulating three yellow cards or equivalent sanctions for misconduct during the season will receive a one-game suspension. Any

coach/manager or team member on the sidelines found to be disruptive to the game may be given a yellow card.

- B. **Red Cards:** Any team member receiving a red card must leave the site of the playing area within three minutes. If the ejected team member does not leave the premises within this time limit, the game will be forfeited. Any player who does not give his/her name as requested by the official or reports a false name after a red card will be suspended for the rest of the season and the game in which he/she participated will be forfeited.
- C. If a player receives a red card, he/she shall receive a minimum one-game suspension. Any player receiving two red cards, or one red card and one suspension will be suspended for the remainder of the current season plus one full calendar year.
- D. **“Soft” Red Cards:** Ejections considered as “soft” red cards (receiving a second caution in the same game) will be counted as two yellow cards for administrative purposes.

A red card issued for a “professional foul” such as an intentional handball to prevent a goal or a breakaway foul will result in the player being ejected from that game only. This type of “soft” red card will be counted as a yellow card for Athletics administrative purposes.

VI. SPECIAL RULES OF CONDUCT

- A. **Post Ejection and/or After Game Behavior:** Players shall not display unsporting behavior toward an official after the game or after being ejected from a game (via red card or two yellow cards). Such behavior will be reported to the Athletics staff and action equivalent to that resulting from a yellow or red card may be taken. After-game abuse toward referees will not be tolerated.
- B. Team conduct will be judged by the referees at the conclusion of each game. Teams not displaying good sportsmanship may be placed on probation or suspended from the league.

VII. SITE REGULATIONS AND POLICIES

- A. Alcoholic beverages are not allowed at any park or school district facility.
- B. Smoking is not allowed on the playing field, anywhere inside the artificial turf stadiums or on any school grounds (including school parking lots).
- C. Beverage containers made of glass are not allowed.
- D. Parking is prohibited in areas not specifically designed for that purpose. Violators

may be ticketed or towed.

- E. Artificial Turf Field Regulations and Policies (in addition to those above):
 1. Dogs are not allowed inside the stadium fence.
 2. No sunflower seeds, gum and/or peanut shells are allowed on the artificial turf fields.
 3. Players may not use cleats that have any metal exposed.

VIII. UNIFORMS AND EQUIPMENT (★Designates new rule)

- A. **Game Ball:** Home teams must provide the game ball.
- B. **Jerseys (t-shirts):**
 1. **Numbers:** Teams must have PERMANENT NUMBERED jerseys of the same color for all players by the first game. Numbers should be visible on either the front or the back of the jersey. Failure to comply with these regulations will result in the non-jersey player(s) not being allowed to play. If the team cannot field five players in regulation uniforms (plus the goalie), the game will be forfeited.
 2. **Standby Jerseys:** Teams are required to provide their own numbered standby jerseys. The designated home team must wear the standby jerseys when both teams have similarly colored jerseys.
- C. **Speaking Captain's Armband:** Teams are required to provide their own speaking captain's armband. See Rule XVIII. (Armbands can be purchased at Direct Kick, 2392 W 11th Ave, Eugene, OR 97402.)
- D. **Shinguards:** Shinguards made of rubber, plastic, polyurethane, or a similar substance and completely covered by socks are required for all players.
- E. **Playing Equipment:** Nets and cones will be provided. Teams are required to put nets up and take them down. (On most artificial turf fields, the nets stay up.)
- F. **Braces/Casts:** All braces must be adequately wrapped with slow recovery foam or a neoprene sheath. Hard casts, regardless if padded, are not allowed on any part of the body.
- G. **Jewelry: Jewelry is not permitted***. This includes all rings, posts, bracelets, earrings, and necklaces. Emergency medical necklaces or bracelets may be worn but must be taped to the body. Any player found to be wearing jewelry will be issued a yellow card, asked to leave the playing field to remove said jewelry, and will not be allowed to re-enter until the next dead ball.
*Pliable rubber or Silicone piercing plugs necessary for player safety are not considered jewelry and will be allowed.

Officials still have the authority to deem a piercing plug unsafe for players and request they remove them.

- H. **Bleeding:** For the safety of all involved, participants will not be allowed to participate following an injury where blood is present until proper bandaging of the injured area prevents any and all leakage, and all tainted clothing/articles are removed. Participants returning to play should first check in with the official to determine that no further risk to themselves or others is apparent or likely.
- I. **Eye Wear:** Players who need to wear Eye Wear are ok to do so. The waiver is now included on the roster and add forms that players sign to play.

IX. LEAGUE GAME RULES (★Designates new rule)

Any rules not stated below will be governed by FIFA rules.

- A. All teams must have at least six players to start the game. If, at any time during a game a team has fewer than six eligible players, the game may continue as long as it is competitive in the referee's judgment.
- B. Each game will consist of two 45-minute halves and a five-minute halftime break. If, in the referee's judgment, weather conditions and/or darkness prevail, the game can be shortened. Games ending with the score tied will stand as a tie.
- C. All games are played regardless of weather conditions unless the Athletics staff contacts teams to cancel games.
- *D. Substitution into the game is unlimited. Players may enter the game after receiving the official's permission in the following situations:

Either team can substitute: Throw-in, corner kick, free kick, Halftime, following a goal, injured player (after play is stopped), cautioned player, goal kick.

- E. **Team Advantage (Women's League only):** At any time during the game that a team is ahead by 5 goals; the opposing team may add an additional player to the field to create a one-player advantage (e.g. 9 players v. 8 players). Once the team with the additional player reduces the score to less than 5 points, the additional player must exit the field and the teams will again play with the same number of players per side.
- F. **No Sliding or Slide Tackling – Men's Recreational League:** Field players may not slide or slide tackle at any time during the game. Exception: goal keepers may – only in the penalty box -- slide to retrieve the ball but may not slide feet first to take the ball away from an opponent in possession of

the ball.

The foul will result in an indirect kick for the opposing team.

As for any concurrent foul, this infraction may result in a caution (yellow card) or an ejection (red card) when, in the judgment of the referee, such infraction is careless, reckless, or excessive/violent.

X. ELEVEN-A-SIDE COED RULES

- A. **Team Composition:** Teams are comprised of five male field players and five female field players. The goalie can be of either gender. Teams can play with as few as six players including the goalie. The ratio of male and female players does not have to be equal; however, no more than five men (excluding goalie) can play on the field at one time and teams must have at least two players (excluding goalie) of each gender on the field at all times.

Teams may substitute a woman for a man ONLY with the following conditions:

1. There are not five male players present to play on the field, and
2. The team that opts to substitute a woman for a man relinquishes the two-point female score (for the remainder of game regardless if additional men arrive at the field and the team goes back to 5-men and 5-women field players).

- B. **No Sliding or Slide Tackling:** Field players may not slide or slide tackle at any time during the game. Exception: goal keepers may – only in the penalty box -- slide to retrieve the ball but may not slide feet first to take the ball away from an opponent in possession of the ball. The foul will result in an indirect kick for the opposing team.

As for any concurrent foul, this infraction may result in a caution (yellow card) or an ejection (red card) when, in the judgment of the referee, such infraction is careless, reckless, or excessive/violent.

- C. **Scoring:** In coed leagues men's goals count as one point and women's goals count as two points. Exception: penalty kicks and own goals count as one point regardless of the gender of the kicker. Teams may, with mutual manager's consent, change this rule to one point per goal regardless of the gender of the scorer. The referee must be notified of this rule change prior to the start of the game in order to be in effect.

- D. **Team Advantage:** At any time during the game that a team is ahead by 6 points, the opposing team may add an additional player to the field to create a one-player advantage (e.g. 12 players vs. 11 players). The player added may be either male or female. Once the team with the additional player reduces the score to fewer than 6 points, the additional player must exit the field and the teams will again play with the same number of players per side.

- E. When a **solo referee system** is used, offsides will be called with the understanding that the solo ref will not always be able to get into position to accurately call all offsides (especially if it is a close call or if teams are attempting an offsides trap).

Teams are responsible for calling the ball out of bounds. If a call is in dispute, the referee will either: a) make a call, or b) issue a drop ball.

- F. **Substitution** into the game is unlimited. Players may enter the game after receiving the official's permission.
- G. **Self-Officiated/Hat League:** Please see our website for the most recent league rules.

XII. WOMEN'S SEVEN-A-SIDE RULES

- A. No offside in seven-a-side soccer.
- B. Teams play with **seven players per side including the goalie**. All teams must have at least five players to start a game. If at any time after the game has started a team has fewer than five eligible players, the game may continue as long as it is competitive in the referee's judgment.
- C. Games will consist of two 25-minute halves and a five-minute halftime.
- D. **No Sliding or Slide Tackling:** Field players may not slide or slide tackle at any time during the game. Exception: goal keepers may -- only in the penalty box – slide to retrieve the ball but may not slide feet first to take the ball away from an opponent in possession of the ball. The foul will result in an indirect kick for the opposing team.

As for any concurrent foul, this infraction may result in a caution (yellow card) or an ejection (red card) when, in the judgment of the referee, such infraction is careless, reckless, or excessive/violent.

- E. Substitutes do not need the referee's permission to enter the game (unless the player has not already been checked-off on the line-up sheet by the referee). If a player substitutes during live play, the person leaving the field must be off the field before the substitute enters.
- F. **Artificial Turf Field Layout:** The field size will be 80 yards long (goals shall be placed on the 10-yard line) by 53 yards wide (football sidelines). The penalty box

will extend to the 25-yard line with its sidelines visually extended from the regulation field penalty box to the 25-yard line. For goal kicks, the ball shall be placed on the 15-yard line (with regulation field goalie box sidelines visually extended).

XIII. FORFEITS

- A. It is the responsibility of each team to be on time. A team not ready to play at the scheduled game time shall forfeit the game. **Eleven-a-side teams must have six players to start the game; 8-a-side teams must have five players to start the game.** Forfeits shall be recorded as a 3-0 score.
- B. Games will not be rescheduled under any circumstance. Team managers knowing in advance they are unable to field a team are responsible for calling the Athletics staff.
- C. Teams forfeiting one or more games may not be eligible for an award.
- D. Upon mutual team managers' request, referees will officiate games forfeited (due to teams not having the minimum number of players at game time or due to uniform infractions) under the following conditions:
 - 1. Game time is forfeit time. Once a forfeit has been declared by the referee, teams have 15 minutes after the scheduled game time to have at least six players on each team ready to play. **Teams involved in the forfeit may "borrow" players from each other to meet the minimum player requirement.**
 - 2. All players must be on the official roster of one of the participating teams.
 - 3. If, for whatever reason, one of the teams is reduced to fewer than six eligible players, the referee(s) will not work the game. Teams may use the remaining field time if they choose to do so.
 - 4. The length of the entire game will not exceed 95 minutes past the originally scheduled game time.
 - 5. All other league and game rules, sanctions and penalties shall apply.

XIV. PROTESTS

Protests may be made in regard to either rule interpretation or player eligibility.

- A. **Rule Interpretation:** Intent to protest must be made by the manager or captain to the referee immediately before the ball is put into play. Protests must be in writing and submitted to the Athletics staff by 5:00 PM the next working day,

accompanied by a \$25 fee. Only teams that have their protest upheld will be refunded their \$25 fee. Protests will be reviewed by the Athletics staff and/or Soccer Advisory Committee.

Protests must include name(s) of referee(s) and team managers, date, time and location of the game, and all essential facts involved in the matter protested.

- B. Player Eligibility:** Protests of an ineligible player must be made in writing and submitted to the Athletics staff within 24 hours or the next working day. Protests must include player name, team name, date and location of the game. A fee deposit is not required.

XV. OFFICIALS

- A. The Men's Competitive league is officiated by one referee and two assistant referees. The Men's Recreational and Summer Coed 11-a-side leagues are officiated by the two-referee dual system. The Women's and Coed Rec leagues are officiated by one referee.
- B. The referee has the final decision during the game. The referee has full authority to take action or remove any players or spectators from the playing area when, in his/her judgment, such action is necessary to maintain proper playing conditions.

XVI. LEAGUE STANDING AND LEAGUE TIES

- A. League standings will be determined by the following method:
 - 1. 3 points for a win
 - 2. 1 point for a tie
 - 3. 0 points for a loss
 - 4. 0 points for a forfeit; opposing team receives a 3-0 win
- B. In the event of a tie (two-, three-, or four-way) in the final regular season standings, places will be determined by the following:
 - 1. The win/loss record of games played between the teams involved in the tie.
 - 2. The goal spread difference of games between teams involved in the tie.
 - 3. If a tie remains, the team with the highest cumulative team conduct rating will decide the higher place.
 - 4. If a tie remains for first or second place, the goal spread difference will be calculated between each team involved in the tie and the next placed team. If necessary, this procedure will continue down through each place until the tie is broken.
- C. Awards will be given in all Men's 11-a-side leagues. Teams will be awarded points for wins, ties, losses, and conduct rating. The team with the highest accumulative points may be eligible for an award regardless of league standings.

Awards will not be given in the Coed leagues.

1. 3 points for a win
2. 1 point for a tie
3. 0 points for a loss
4. 0 points for a forfeit; opposing team receives a 3-0 win
5. 0-10 points for team conduct.

- D. Any team forfeiting one or more games may not be eligible for an award.
- E. Appreciation certificates are available for team sponsors at no charge. Contact the Athletics staff for more information

XVII. PRACTICE FIELDS

- A. City of Eugene City grass soccer fields are available on a limited basis for a rental fee of \$20.00/hour fee. The nine-school district/City of Eugene artificial turf fields are also available to rent at a rate of \$25.00 per hour (\$45.00 per hour with lights).

Contact the Athletics office for more information. Permits will be issued only if field conditions and scheduling can accommodate practices.

XVIII. SPEAKING CAPTAIN GUIDELINES

- A. It is the team's speaking captain's duty to know his/her responsibilities before the game begins.
- B. Each team must identify their team captain at the beginning of each game. This person will be identified as the speaking captain on the soccer line up sheet and by wearing a captain armband. If the captain is not present, the team will nominate a player to be acting captain for that game.
- C. The team captain must be familiar with the City of Eugene Athletics guidelines and Eligibility rules and inform players of all rules and conduct expectations.
- D. ONLY THE CAPTAIN may speak with the officials and only if it is done in a respectful and brief manner. The captain will speak for the team in all dealings with the officials. Speaking captains can be in the game or on the sideline.
- E. He/she should relay to players an emphasis of fair play and positive conduct on the field. Failure to do so may result in undesirable consequences for your team.
- F. Speaking Captains are responsible for the actions of the team. Be sure your team is familiar with and follows the regulations of the City of Eugene soccer program.

XIX. PLAYERS' CODE OF CONDUCT

- A. Team managers are responsible for the conduct of their team members and spectators.
- B. Physical contact with game officials (or any threat of physical intimidation or harm, including pushing, shoving, spitting, kicking, throwing at or attempting to make physical contact) will not be tolerated. Any player(s) or bench personnel committing an assault on a referee shall be ejected from the game and may be suspended for a minimum of one full year.
- C. No player will shove, push, lay a hand upon, or physically attack a player before, during, or after a game. The player shall immediately be red-carded and may be suspended for a minimum of one full year.
- D. No player shall use abusive verbal attacks or threaten a referee or player during or after the game. The player shall immediately be red-carded and may be suspended for a minimum of one full year.
- E. No player shall refuse to abide by the referee's decision or use tactics or demonstrations which show disapproval. Any player doing so may be red carded.
- F. Players shall not display unsporting behavior toward an official after the game or after being ejected from a game (via red card or two yellow cards). Such behavior will be reported to the Athletics staff and action equivalent to that resulting from a yellow or red card may be taken. Post ejection and/or after-game abuse toward referees will not be tolerated.
- G. The City of Eugene Athletics program reserves the right to suspend any player, team manager or spectator from the league and/or premises for any single verbal or physical action/threat or multiple actions/threats deemed inappropriate for this league.
- H. Any team or individual whose behavior is unbecoming to the Recreation Division may be expelled from competing for a minimum of one calendar year.