

Spring 2022 COED ULTIMATE RULES SUPPLEMENT

1. All players must be **14 years of age or older to participate** in the league. All players must be officially registered by completing & signing the original roster form or an add form. Any player under the age of 18 years must have parent/guardian signature on roster or add form.
2. Players may be added or dropped from rosters at any time throughout the season. Completed add forms may be turned into the recreation office during business hours or handed to the field supervisor before a new player is legal to play. Faxed add forms are also accepted.
3. **Number of players:** Four men and three women comprise a team or four women and three men (it is the offensive team's choice). By mutual consent any ratio of men/women may be used as long as there are at least two men and two women on the field at all times (6 players minimum).
4. **Arriving late:** Teams must have a minimum of 6 players present (at least two men & two women) to start the game. If a team does not have 6 players ready to play at game time, a 1 point penalty may be assessed for each 5 minutes the team does not have the minimum to play. After 15 minutes, the team forfeits if they do not have the 6 player minimum. Teams are encouraged to play a practice game if a team forfeits.
5. Games will be played to **15 points, teams must be ahead by two (2)**, or 75 minutes. After 75 minutes elapses, the horn is sounded, teams either finish out the point they are playing, or if the teams are between points they play the next point. The team that is ahead wins the game, regardless of the score. If the teams are tied after the regulation time, the next team to score wins.
6. Home team must supply the game disc, a 175 gram "ULTRA STAR" unless another disc is agreed upon by both captains.
7. **Cleats**, players may not use cleats which have any metal or sharp plastic exposed.
8. **Uniforms:** The players of each team must wear a jersey which distinguishes them from players on the other team. If two teams have similar colored jerseys then the home team will be required to wear black shirts and visitors wear white shirts.
9. **Time outs:** Each team is permitted two (2), one minute time outs per game. No time outs allowed in the final 5 minutes of the game.
10. **Scorekeeping:** Flip chart scoreboards will be available for use during all games. Winning teams are responsible for reporting final game score to the supervisor at the conclusion of their game.
11. **Alcoholic beverages are not allowed** in parks, parking lots or school grounds.
12. **Zone defense:** may be used in the A leagues. In "B" leagues by mutual managers consent in the first 2 weeks or any time in weeks 3-8 . Zone defense is not allowed in the "C" leagues unless both teams agree to allow it.
13. Teams must **ALTERNATE Pulls** between male and female players. 20 yard brick rule in effect.
14. **Playing on more than one team:** All players must be "officially" registered with each team that they play on either by signing the original team roster or completing an add form. Players may play on more than one team as long as they are not playing on two teams in the same league (on the same day) or do not cause a gross imbalance to the secondary team they are playing on.
15. For ultimate league schedules, results, standings and downloads see the city of Eugene website: www.teamsideline.com/eugene
16. The USA Ultimate, eleventh edition Official Rules of Ultimate will govern all rules not covered in this rules supplement. See all the rules at the USA Ultimate on the Web.