



Human Kinetics Coach Education Course for Seattle CYO Coaches

Seattle CYO Athletics has partnered with Human Kinetics Coach Education to offer a customized online coaching course incorporating faith-based content.

Seattle CYO Athletics Coaches are **required** to take the Catholic Coaching Essentials online course. Upon successful completion of the course, coaches should use this information to provide a copy of their certificate to their school/parish athletic director.

Note: If you have taken the Coach Play Like a Champion course in the past you will be grandfathered in and will not need to take this new course.

- This is a 3-hour course that will need to be completed by the 6th week of that specific sports season.
- If not completed by the 6th week of that specific sports season, then that coach will not be eligible for playoffs and/or coach for the next sports season they intend to coach.
- This is a one-time requirement. New coaches will no longer have a season of grace.
- You may stop the course at any time and resume where you left off.
- There is a final test at the end. You must receive 80% or higher to pass. You will have the ability to retake the test if you do not receive a score of 80% or higher.
- Once you have registered for the course the CYO Athletics office will send you the course materials via email from Human Kinetics. This email will provide you with instructions on how to access and navigate the course online.

If you have any questions, please contact us at Athletics@seattlearch.org