



**City of Placerville
Recreation and Parks**
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ADULT VOLLEYBALL LEAGUE INFORMATION & RULES

Revised 10/8/2012

I. ELIGIBILITY OF TEAMS

- a. Players and/or a manager are required to make up their own teams. Players must be 18 years and older to play on a team.
- b. Fees need to be collected by managers and submitted to the Placerville Recreation Department with the roster. Fee covers costs associated with referees, planning, gym supervision, playoffs, and awards to league champions.
- c. Roster additions must be made prior to the (4th) league game. All additional players must fill out and sign the Add/Drop Form before they can play.

II. ELIGIBILITY OF PLAYERS

- a. All players must sign the players roster filed in the Recreation Department prior to playing.
- b. A player may play on only one team in a league.
- c. Any participant playing under an assumed name or address will be expelled from play.
- d. Team manager is responsible for the enforcement of, and adherence to, all eligibility rules.
- e. All players are required to read and adhere to the Player Code of Conduct.
- f. Players must play in at least two league games to be eligible to play in playoffs.

RULES

1. Gym Supervisors and officials assigned to games shall have complete charge of the gym and will have the power to banish players, coaches, or any other person from the bench or the gym for misconduct, delay of game, or any other reason deemed necessary for the good of the league.
2. Any disrespect shown to an official, or gym supervisor will result in that player being ejected from the game. Repeated offenses will result in that player being suspended from the league indefinitely by the League Director.

A. GAME

1. Maximum number of players on the court for 4x4 Mixed League is four and 6x6 Coed League is six. Teams may play with fewer players.
2. Substitutions: When a team rotates, the last server will rotate out and the substitute will take their position in the center back. A substitution can be made when a player is removed due to an injury.
3. Time out requests: While the ball is dead, a time out may be requested. Each team is allowed one 30 second time-outs per game, injuries not included.

4. Toss of coin will decide the serving team, team's alternate serve to start each new game regardless of who won or lost.
5. Games: **Two games to 25 and the third game to 15 pts. Rally Score is in order.** Rally score = There will be one point awarded after each rally depending on who won the rally. (It doesn't matter if you serve or not). Teams must win by two points. All three games will count in the standings. The final game may be cut short due to time constraints.
6. Out-of-bounds: Any ball hitting any portion of the line is good. The backboards are out of play and count as a side out or point. The ceiling and lights are in play if the ball does not go over the net; otherwise, side out or a point is awarded. Anything behind the last row of lights is out of play.
7. Each team is allowed five minutes to warm up.
8. Legal hit ball: The ball must be clearly hit. When in the opinion of the official the ball comes to rest at contact, the player shall have committed a violation.
9. Scooping, throwing, lifting, shoving or catching the ball, touching or going under the net is a violation.
10. Teams will switch sides of the court at the end of each game.

B. SCORING/SERVING

1. Point: Rally serves during the game. The team that won the rally will receive the point. With rally scoring: a ball contacting and crossing the net shall remain in play provided that the ball is entirely within the net antennas.
2. Each server continues serving until his/her team makes an error, commits a foul, loss of rally, or the game ends. Server must wait for the official's whistle before each serve.
3. A served ball that hits the net and goes over is a "Let serve" It is legal to do in Recreational and Competitive Volleyball. It has to contact and cross over the net between the net antenna.
4. The right back player is the server.
5. A server must serve from anywhere behind the back boundary line and not touch this line until after the ball is hit; otherwise, it is a violation.
6. After an opponent's loss of service, the serving team rotates one position clockwise.
7. Play over: A play over is the act of putting the ball in play again without awarding a point or side out. Play over should be called on official's mistakes, foreign object entering the court, injured player, double fouls and trap ball.
8. On any driven ball (serve, digging, passing) a double hit will not be called if the ball hits the receiving player.
9. It is legal to overhand pass and double any first ball over.
10. A player **may not** block the serve.

C. VIOLATIONS

1. Out-of-bounds: Any hit ball not landing on a boundary line or within the confines of the playing court.
2. During serve: Serve out of turn before referee's whistle.
3. During net play: Contacting net, reaching over net to hit ball, crossing over the center line and contacting the floor, interfering with an opposing player or when a back line player spikes in front of the ten-foot line.

4. A violation is called in net play when the ball is cleanly hit out of bounds or made dead by hitting the floor.
5. A violation is called when the ball is played more than three times on one side.
6. Touching the net during the game is a violation. When the ball is driven into the net causing it to touch an opposing player. No violation has occurred.
7. A player may not reach over the net to hit the ball. They may reach over the net to block a hit that is coming over the net or follow through when they are spiking the ball.
8. Players may touch the centerline under the net but may not go over it (entire foot).
9. A ball may be played from off the net but not a standard.
10. When any part of the ball goes over the net and is touched by an opposing player, it is considered to have crossed the net.
11. When a player contacts the ball simultaneously with an opponent, it does not constitute one of his team's three hits.
12. A player may go outside his court to play a ball if they do not cross the centerline or its assumed extension or cross the sideline in the adjacent court.

D. COED VOLLEYBALL LEAGUE RULES

1. 4x4 Mixed League

Teams shall be composed of four players. There must be at least one player of each sex on the court at any time. Teams may play with three males and one female, three females and one male, or two females and two males. The minimum number of players a team may play with is two as long there is one female and one male.

2. 6x6 Coed League

Teams shall be composed of six players. There cannot be more than three men on the court at any time. Men may equal the number of women players, but not surpass.

- a. More women can play than men when team is short players.
- b. There must be at least two male players playing to constitute a coed team. A team may play with a minimum of four players as long as there are two males, otherwise the game is forfeited.

Recreation Coed League:

1. Serving order and position on the court is an alternation of men and women. Exception: shortage of men players.
2. 6x6 Coed League: The ball must be played by a woman before returning over the net except in the following instances:
 - a. Man legally bumping, returning the serve on the first hit.
3. 4x4 Mixed League: There is no requirement that a female must touch the ball.

FORFEITS

1. Game time is forfeit time. If a team is not ready to start at game time, the first game will be forfeited to the opposing team. The 2nd game will start 10 minutes later. If team is still not ready they will forfeit that game. The 3rd game will then start 10 minutes later. **No Exceptions!**
2. There will be no postponement of games allowed.

PROTESTS

All protests will be ruled upon by the Recreation Department.

1. Whenever a matter of protest arises during a game, the captain or manager of the protesting team shall immediately notify the official and gym supervisor in writing of his/her intention to protest. The gym supervisor or official will notify the opposing manager.
2. The intent to protest must be filed with the gym supervisor before leaving the gym. This notice of intention to protest is mandatory.
3. It is understood that the filing of an intent to protest must be followed by filing a written protest in the Recreation Office no later than 6:00 PM on the next business day following the protested game.
4. A \$20.00 (cash) fee, which is automatically forfeited providing the protest is denied, must accompany each protest. The formal written protest should contain the date, time and place of the game, the name of the official, and gym supervisor, the rule and section of official rules or local rules under which the protest is made, and all essential facts involved in the matter protested.

PLAY-OFFS

The top four teams with the best overall standings will advance to the play-offs. Teams are placed in the seeded play-offs by *best overall record.

Play-off games will be handled by the following:

Elimination games (Game A = 1st place finishing team vs. 4th place finishing team, Game B = 2nd place team vs. 3rd place team)

Team with the best record gets to choose what game time they want to play.

Championship Game (Winner from Game A vs. Winner from Game B.)

*Overall standings and tiebreakers: Use the formula below to determine place standings:

Teams with best win/loss record receive first seed.

If a win/loss tie occurs for any place, use the following steps to break the tie:

- Team that won head to head receives the higher place.
- If both teams beat each other evenly, the team scoring the most points between tied team combination games receives the higher place.
- If a tie still occurs, the team scoring the most points in all season games will receive the higher place.
- If a tie still occurs, the team allowing the fewest points in all season games will receive the higher place.

MISCELLANEOUS INFORMATION

1. Persons or players participating in any activities sponsored by the City of Placerville Recreation and Parks Department are not covered in any way for personal liability or property damage.
2. Players will refrain from drinking alcoholic beverages before or during game. Player will be asked to leave if player has been drinking prior to the game.
3. Children brought to the gym must be supervised at all times by a responsible adult who is not playing. Children are not allowed on the floor. If you do bring your children they must be accompanied by an adult at all times and they must be in the stands.

CITY OF PLACERVILLE RECREATION & PARKS DEPARTMENT

Player Code of Conduct

The following "Player Code of Conduct" has been adopted by the City of Placerville Recreation and Parks Department and will be strictly enforced during all sports leagues. Managers are advised that players on their rosters should be willing to abide by the standards established herein or be dropped from the roster.

NO PLAYER SHALL: At any time lay a hand upon, shove or strike, or threaten a gym supervisor. Gym Supervisors are required to immediately suspend player from further play and report such player to the league supervisor. Such player shall remain suspended until their case has been considered by the Recreation Supervisor/Director.

MINIMUM PENALTY: Suspension from two league games and placed on probation for remainder of season.

MAXIMUM PENALTY: Suspension for life and/or assault charges filed.

NO PLAYER SHALL: Refuse to abide by the gym supervisor's decision. Gym Supervisors are required to immediately suspend player from further play and report such player to the league supervisor. Such player shall remain suspended until his case has been considered by the Recreation Supervisor/Director.

MINIMUM PENALTY: Placed on probation for remainder of the season.

MAXIMUM PENALTY: Suspension from two league games, and placed on probation for remainder of season.

NO PLAYER SHALL: Be guilty of objectionable demonstrations of dissent at gym supervisor's decision.

MINIMUM PENALTY: Warning by the gym supervisor.

MAXIMUM PENALTY: Removal from the game.

NO PLAYER SHALL: Discuss with a gym supervisor in any manner the decision reached by such official, except the manager or captain.

MINIMUM PENALTY: Warning by the gym supervisor.

MAXIMUM PENALTY: Removal from the game.

NO PLAYER SHALL: Be guilty of using unnecessarily rough tactics in the play of the game against the body or person of any opposing player. Gym Supervisors are required to immediately suspend players from further play and report such players to the league supervisor.

MINIMUM PENALTY: Placed on probation for the remainder of the season.

MAXIMUM PENALTY: Suspension for two league games and placed on probation for the remainder of season.

NO PLAYER SHALL: Be guilty of physical attack as an aggressor upon any player, gym supervisor or spectator. Gym Supervisors are required to immediately suspend player from further play and report such player to the league supervisor. Player will remain suspended until his case has been considered by the Recreation Supervisor/Director.

MINIMUM PENALTY: Suspension from two League games and placed on probation for remainder of season.

MAXIMUM PENALTY: Suspension for life and/or assault charges filed.

Player Code of Conduct

Page 2

NO PLAYER SHALL: Be guilty of an abusive verbal attack upon any player, gym supervisor, or spectator. Gym Supervisors are required to immediately suspend player from further play and report such player to the league supervisor. Should the verbal attack occur either before or after the player's game is completed, or from within the spectator area, said player will still be reported to the league supervisor, with possible suspension being the result of said player's actions. Player shall remain suspended until his case has been considered by the Recreation Supervisor/Director.

season. MINIMUM PENALTY: Suspension from two league games and placed on probation for the remainder of the

MAXIMUM PENALTY: Suspension for the remainder of the season.

NO PLAYER SHALL: Consume any alcoholic beverage or illegal substance while participating in league games or appear upon the field of play at any time in an intoxicated condition. Officials are required to immediately suspend player from play and report same to the league supervisor for further consideration.

season. MINIMUM PENALTY: Suspension for two league games and placed on probation for the remainder of the

MAXIMUM PENALTY: Suspension for the remainder of the season.

NO PLAYER SHALL: Be guilty of gambling upon any play or the outcome of games with any spectator, player or opponent. Gym Supervisors are required to report violation of this rule to the league supervisor.

MINIMUM PENALTY: Placed on probation for the remainder of the season.

MAXIMUM PENALTY: Suspension for the remainder of the season.

NO PLAYER SHALL: Smoke while coming off or going on to the field of play, or while on the field of play.

MINIMUM PENALTY: Warning from official.

MAXIMUM PENALTY: Removal from game.

PLEASE NOTE:

Any player being placed on probation for the remainder of the season and reported again for violating the "Code of Conduct" will be suspended for the remainder of the season.

Any player removed from a game must leave the park or school facility immediately. Failure to do so will carry maximum penalty of suspension for the remainder of the season as well as forfeiture of contest by said player's team.

Appeals to any determination can be lodged with the league supervisor only who will bring the matter to the attention of the Recreation Supervisor/Director.