



7th-8th GRADE BASEBALL LEAGUE RULES

National Federation High School rules will govern all play with the following exceptions:

Playing Field

- A. The distance between all bases shall be 80 feet.
- B. The pitching distance shall be 54 feet.

Equipment

- A. Shoes – metal cleat baseball shoes are prohibited. Molded cleats or tennis shoes are recommended.
- B. Protective Headgear - batters, base runners, and catchers are required to wear headgear at all times, during practice and games.
- C. Bats must be approved for youth baseball use and shall be restricted to a length of 36” and a diameter of 2 5/8”. Bats shall not weigh, numerically more than five ounces less than the length of the bat (32” long bat cannot be less than 27 ounces).
- D. Uniforms - all players are expected to wear sponsor's t-shirt and hat while participating in league games. T-shirt may not be altered in any fashion.
- E. Pitchers may not wear white or gray long sleeve shirts.
- F. No restrictions placed on type of glove used by any player at any position. Exception – pitcher may not use a catcher mitt or first base glove.
- G. Each team will be issued a bag of equipment at the beginning of the season. Coaches should inventory the equipment after each practice and game to be sure it has all been returned and that it is in good condition. The equipment must be returned at the end of the season.
- H. Each coach will be given a new ball for each home game. For each of your home games, you are to give the umpire a new ball and used back-up ball. After the game, the umpire will return both balls to you.

Playing Rules

- A. Home team takes third base dugout. All players must remain in the dugout except for the batter and on-deck batter.
- B. A team will have nine players on the field at a time: pitcher, catcher, first base, second base, third base, short stop and three outfielders.
- C. Outfielders will not be allowed to play in the infield and must remain ten yards behind the baseline until the ball is hit.
- D. There shall be free unlimited substitution of all players listed in the batting order.
- E. All players in attendance must be listed in the batting order. All players must bat in that order. Players arriving after the game has started will be added to the bottom of the list and bat accordingly.

- F. Courtesy runner may be used for the catcher with two outs. The last eligible player to record an out will be used as the courtesy runner.
- G. There will be no fielding practice allowed prior to the game or between innings.
- H. Double First Base: If the first play is at first base, either from the infield or outfield, the batter/runner must touch the orange base. If the play is elsewhere, the inside (white) base may be tagged in a continuation toward second base. The runner approaching first base may cross over to the inside (white) base to avoid a collision if a wild throw occurs. The inside (white) base will be used by the batter/runner if attempting to get back to first base.
- I. Base Running: Sliding is allowed, no headfirst sliding. The base runner will be called out for headfirst sliding. Base runner may dive back to the base.
- J. All players must play at least 1/2 of the game at a defensive position.
- K. Infield fly rule will be in effect.
- L. Play will be declared dead when an infielder has possession of the ball in the infield area and no base runner is attempting to advance.
- M. Runs Per Inning Limit: When a team scores five runs during their turn at-bat, the inning is over. Any subsequent runs scored on the at-bat that brings in the fifth run will also count. Run limit to be waived in the last and final inning.
- N. Teams must start and finish the game with eight eligible players or the game will be forfeited.
- O. Base coaches must be adults.
- P. Players may not wear jewelry.

Pitching Rules

- A. A pitcher shall not be allowed to pitch more than 7 innings in one day and no more than 12 innings in a calendar week. A calendar week is 12:01 a.m. Monday to 12:00 midnight the following Sunday.
- B. One pitch in an inning constitutes an inning pitched.
- C. Four or more innings pitched in a game requires a consecutive 40-hour rest period.
- D. Pitchers will get 8 warm up pitches to start the game and 3 pitches between innings. When a new pitcher comes into the game, they will also get 8 pitches to warm up.

Length of Game

- A. A game will consist of seven innings.
- B. Official Game: If a game is called for any reason, it shall be considered an official game. Exception: Games cut short by rain must complete 4 innings or 3 ½ innings if the home team is ahead.
- C. All games will start on time. Teams may not begin a new inning if one hour and fifty minutes has expired since the game began. Umpires will declare last inning. Example: 6 pm games – no new innings after 7:50pm

- D. Tie games will stand as such if at the end of six innings or time limit each team has scored the same number of runs.
- E. All scheduled games are to start on time and will be played unless canceled by the Auburn or Sumner Parks and Recreation departments or by the umpire because of field conditions. Call after 4:00pm on game days: Auburn Parks, Arts & Recreation 253-931-3095 if you have questions about field conditions.

Official Scorekeeper

- A. The home team shall be responsible for keeping the official scorebook. The official scorekeeper shall verify score with the visiting team after each inning.
- B. It is recommended that the coach should not be the team scorekeeper.

Injured Player

An injured player may be replaced. If the injured player is a base runner, the last person in the batting order to make an out shall be the pinch runner. If the injury is to a fielder, a substitute shall be allowed to replace the injured player. In either case, if the injured player is unable to bat and run for himself/herself the next time up in the batting order, he/she shall be removed from the game.

Umpire

If the assigned umpire fails to show up within five minutes prior to the scheduled game time, both coaches are to agree on a person or persons to umpire the game. The volunteer umpire must umpire from behind the pitcher. If coaches cannot agree on a volunteer then the game will be re-scheduled.

Miscellaneous

Ejection/Suspension: A player or coach ejected from the game will be asked to leave the park immediately and will be suspended from a minimum of one game. Auburn Parks, Arts & Recreation department will determine length of suspension. Suspended players and/or coaches may not accompany the team during suspension.

You cannot protest a Games.

Auburn Parks, Arts & Recreation department has the authority to make rulings on any and all dealings regarding this league. All decisions are final.

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910 Ninth St SE, Auburn WA 98002-6200
Office: 253- 931-3043
Rainout line after 4:00pm, 253-931-3095

Game schedules and field directions: <https://auburn.playerspace.com/>